

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: CNB

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bruhl Vinciane

Coaches: SERVAIS Cyril HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 16: 100M FREESTYLE MEN

Heat:9, starttime: 09:25

Heat: 9/10 Lane : 5 Athlete: ALVES TORRES PAUL

Q-time: 00:50:52

PB (50m pool): 00:50.52 Antwerpen 22/03/2026

PB (25m pool): no time SB: 00:50.52 Antwerpen 22/03/2026

	5 0 M	1 0 0 M	
PB	00:23.83	00:50.52	
	00:23.83	00:26.69	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN

Heat:2, starttime: 09:31

Heat: 2/8 Lane : 6 Athlete: LAMBIN ELISA

Q-time: 01:21:82

PB (50m pool): 01:21.82 Charleroi 16/02/2025

PB (25m pool): no time SB: 01:22.88 Charleroi 15/02/2026

	5 0 M	1 0 0 M	
PB	00:38.54	01:21.82	
	00:38.54	00:43.28	
			

Coach feedback:

Event number: 17: 100M BREASTSTROKE WOMEN

Heat:8, starttime: 09:42

Heat: 8/8 Lane : 4 Athlete: GASPARD FLORINE

Q-time: 01:06:89

PB (50m pool): 01:07.77 Antwerpen 27/04/2025

PB (25m pool): 01:04.30 SB: no time

	5 0 M	1 0 0 M	
PB	00:31.03	01:07.77	
	00:31.03	00:36.74	
			

Coach feedback:

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Event number: 18: 200M BUTTERFLY MEN					Heat:1, starttime: 09:45
Heat: 1/4 Lane : 5 Athlete: THILL HUGO					Q-time: 02:24:66
PB (50m pool): no time			PB (25m pool): 02:08.54 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN					Heat:3, starttime: 10:09
Heat: 3/9 Lane : 7 Athlete: PETIT BERENGER					Q-time: 00:32:18
PB (50m pool): 00:32.63 Charleroi 15/02/2026			PB (25m pool): no time SB: 00:32.63 Charleroi 15/02/2026		
	5 0 M				
PB	00:32.63				
	00:32.63				
					

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN					Heat:4, starttime: 10:10
Heat: 4/9 Lane : 7 Athlete: THILL HUGO					Q-time: 00:31:58
PB (50m pool): 00:32.09 Charleroi 15/02/2026			PB (25m pool): no time SB: 00:32.09 Charleroi 15/02/2026		
	5 0 M				
PB	00:32.09				
	00:32.09				
					

Coach feedback:

Event number: 22: 50M BACKSTROKE MEN					Heat:5, starttime: 10:38
Heat: 5/7 Lane : 4 Athlete: ALVES TORRES PAUL					Q-time: 00:25:37
PB (50m pool): 00:25.37 Antwerpen 22/03/2026			PB (25m pool): 00:24.70 SB: 00:25.37 Antwerpen 22/03/2026		
	5 0 M				
PB	00:25.37				
	00:25.37				
					

Coach feedback:

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Event number: 23: 100M FREESTYLE WOMEN							Heat:8, starttime: 10:54		
Heat: 8/9 Lane : 4 Athlete: GASPARD FLORINE							Q-time: 00:53:71		
PB (50m pool): 00:53.91 Antwerpen 22/03/2026							PB (25m pool): 00:52.57 SB: 00:53.91 Antwerpen 22/03/2026		
	5 0 M		1 0 0 M						
PB	00:25.73		00:53.91						
	00:25.73		00:28.18						
									

Coach feedback:

Event number: 25: 4x100M FREESTYLE MIXED							Heat:1, starttime: 11:09	
Heat: 1/1 Lane : 5 Athlete: TEAM CNB 1							Q-time: 03:40:54	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: